

Minutes of the November 30, 2022 Meeting of the School Health Advisory Council (SHAC)

SCHOOL HEALTH ADVISORY COUNCIL (SHAC) CLARENDON CONSOLIDATED INDEPENDENT SCHOOL DISTRICT

Minutes of the Meeting November 30, 2022, 3:40 p.m. School Library

The School Health Advisory Council of Clarendon Consolidated Independent School District met at 3:40 p.m., Thursday, November 30, 2022, at the school library. Tanya Burton presided. The Committee members listed below participated:

Ms. Jenaë Ashbrook
Ms. Kasey Bell
Ms. Tanya Burton
Ms. Sarah Emerson
Ms. Jill Frausto
Ms. Tina Lacey

Ms. Tammie Johnston
Ms. Buffie Smith
Ms. Leslie White
Ms. Rachel Wade
Ms. Elizabeth Zongker

Student members attending included:

Morgan Johnston
Kinze Zongker

1. CALL TO ORDER & AGENDA

President Tanya Burton called the meeting to order. All were welcomed to the meeting. Appreciate for participation was offered during this busy month.

2. NEW BUSINESS

2.1 SUMMER NUTRITION PROGRAM

Sarah Emerson reported on the Summer Nutrition Program. Sarah reported the District would like to submit a request for waiver for

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participation. The Texas Department of Agriculture mandates public school authorities in the National School Lunch Program to operate a Summer Nutrition Program to provide meals to students in need during the summer months.

Sarah explained that the students that would utilize this program live outside the 2-mile radius of the school and they do not have access to public transportation. The burden of traveling to the school for lunch is too great for the students. They would have to cross railroad tracks and Highway 287 in many cases. Because of these limitations, our district qualifies for the waiver.

These students will be given a number to call for information on local free lunches.

A motion was made by Tina Lacey to approve the request of waiver. Elizabeth Zongker seconded the motion and it was approved unanimously.

2.2 SCHOOL WELLNESS POLICY

Sarah presented the committee members with the Triennial Assessment of the Local School Wellness Policy. The wellness policy allows the school to set different goals concerning food, nutrition and physical activity.

The school provides free meal application at the beginning of the school year. Last year, there was 210 applications approved. This year, there were 235 approved applications. Online applications have been a positive change encouraging parents to apply.

Menus are published online. Information is disclosed to the students on where free lunches are available toward the end of each year.

An annual event is needed to encourage parents, students, and staff to participate in some sort of physical activity outside of school. Jenae suggested turkey trot or a color run.

The health and wellness plan is currently meeting all requirements.

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2.3 SNACK PAK 4 KIDS

Jill made the committee members aware of the troubles concerning Snack Pak 4 kids program. Applications were sent out to all students at the beginning of the year. There is a big need for this program. However, there were several applications returned by families that did not have a need for this assistance. Several families have transferred to the school district that have a need for this program but funds are low.

Elizabeth explained that she helped obtain a grant of \$500 for the program several years ago. It was suggested that grants be looked at to see if there is anything out there that would help the school with needed funds.

Sarah offered to distribute any applications to the students that have a need. This would keep all information confidential. Tanya will talk to Ms. Bessent about the program.

3. ADJOURN – Tanya Burton

The meeting was adjourned by Tanya Burton at 4:00p.m.